



www.goodforthesoulmusic.com

Introduction to a Good For The Soul Music Journaling Workshop

The newest offering from Good For The Soul Music's Live Appearance lineup is the Journaling Workshop. Most Journaling Workshops take place on Saturday morning, the day after a concert is presented by David Kauffman and friends. The journaling workshops use a *Lectio Divina* approach to journaling. Lectio Divina, or Divine Reading, is an ancient form of prayer focusing on one word or phrase to point the way on our journey.

The workshops help begin a new journey into our heart, and enrich the experience of the music offered by Good For The Soul Music Artists. Journals to choose from are: Behold, Be Still, Surrender, Steal Away, Follow Me, and...from our COJO/COJOURNAL SERIES: Going Forth, Music Ministry, Love Letter, Noel, Lent, Grief. **The workshops are presented by David Kauffman.**

When: A Journaling Workshop is a three-hour offering on the morning after a Good For The Soul Music Concert featuring David Kauffman and friends. The basic schedule is:

8:30	Gather
8:45	Opening Prayer
9:00	Session I
9:45	Break
10:00	Session II
10:45	Large Group Discussion/Songs
11:00	Closing Prayer/"One Word"/ Thanksgiving
11:10	Volunteer help with sale of Journals, CD's, etc
11:30	Departure for travel home

Who and What: Led by David Kauffman, the Journaling Workshop is a prayerful, musical, guided journey into the deep and quiet places of our hearts, where conversations with God become real and life-changing. Participants receive a "taste" of the spirit of the workshop the night before as they hear the music and stories told during the concert.

How it works: The Prayer Journal Workshop Coordinator

- secures a room or chapel space at the parish;
- sets up a table, a simple prayer altar, and a Keyboard, and Music stand;
- may offer a Coffee/Snack reception before/after the workshop (optional);
- signs up pre-paid "Early Adopters" who receive the Journal, CD, and Workshop Presentation for \$25 each. (the goal is 30 early adopters)
- signs up additional participants at the concert the night before. (the goal is an additional 20)

Finances and Commitment:

- There is no additional stipend requested for the workshop, when offered in conjunction with a Good For The Soul Music Concert the night before.
- A Workshop Coordinator (separate from the Concert Coordinator) is necessary for the **successful sign up of 50** or more participants for this life-changing opportunity. For more information, contact us at 1-800-759-5805.
- If the Journaling Workshop is contracted independent of a Good For The Soul Music concert, for we ask for a stipend of \$500 plus travel expenses. If the Workshop is requested in San Antonio, our requested stipend is \$300.